

Do not waste your time in trying to find futile remedies for the problems connected with your life in this world. By Self-knowledge rid yourself of the problems connected with the life hereafter. There is no time to lose for life is ebbing away all the time. 2May25 YV

Whatever the mind contemplates that instantly materializes. By intense contemplation it can bring about radical change within itself, to heal itself of the defective vision in which illusions were perceived as real. What the mind does that it experiences as truth. YV

Desire
of any kind
is the worst obstruction
on the path
of true love for God.

SS5-p219...

It is a
burden to
think about
the future.

If we see ourselves truly,
we shall discover that we are
neither denizens of hell,
animals, human beings,
nor gods - but pure, perfect
souls in our innermost nature.

Dwell on this thought again and
again until you imbibe it fully.

CV p 208
Secret of Renunciation

So long as you
breathe the free
air of earth, you
are under obligation
to render grateful
service.

Sri Yukteshwar

"As long as your mind
is not calm, steady and
inward-turning ... you
cannot experience
peace and happiness."
SS3:146

Delusion, craving,
greed, and attachment
are non-existent;
how can they exist
when there is no
duality? YV 2 MAY 1

One identifies with one's interests. ...

The best thing is to always remember
the supreme object of your love
and to keep your mind focused on that.

Remember
your true
nature every
moment.



SS5-p193-5



YV 12:31